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An NSFL Women's Conference - Strong Women • Strong Unions

The Nova Scotia Federation of Labour (NSFL) Women's Committee is hosting this conference for new and experienced sisters. Affiliates are encouraged to attend and support this conference by having sisters participate in the conference.

The main objective of the conference is to build leadership skills of women. We plan to have panel discussions and workshops dealing with:

- Pensions
- Lobbying skills
- The cost of violence in society
- Problem solving skills
- Women's wellness/ awareness
- Child care issues

Registration is on Friday, March 4 from 5 to 7 pm. Conference starts at 7 pm.

On Saturday, there will be late registration from 8 - 9 am and we get things underway at 9 am and go until 4:30 pm. On Sunday, the conference goes from 9:30 am - noon. The hotel provides a breakfast but there are no other kitchen facilities. There are restaurants close by.

See page 2 for the registration form. Agenda will be sent later as guest speakers are confirmed.

Also, the NSFL Women's

Committee is accepting nominations for **Sister of the Year** for 2011.

This is the 16th year that the Committee will be giving out the Sister of the Year award in honour of International Women's Day on March 8th.

We will accept nominations until February 9th, 2011.

Please include a profile of your candidate and how her contributions to the labour movement have made a difference.

BREAD
and **ROSES**



NSFL Women's Committee Conference
"Strong Women • Strong Unions"

March 4, 5 & 6, 2011, Holiday Inn Select, 86 Lawrence Blvd.
Stellarton, Nova Scotia

REGISTRATION FORM

Name: _____

Address: _____

_____ Postal Code: _____

Union/Organization: _____

Phone/fax/email _____

(Please indicate if phone/fax numbers are for home or work or both)

A cheque in the amount of \$75.00, payable to the "**Nova Scotia Federation of Labour**" must be included with this registration form and mailed to: The Nova Scotia Federation of Labour, 3700 Kempt Rd., Suite 225, Halifax, N.S., B3K 4X8. **Deadline for registration: February 4, 2011.** We have a block of rooms at the Holiday Inn Express in Stellarton for the nights of Friday, March 4 and Saturday, March 5. Rooms are \$99.00 (single or double) plus taxes. The hotel is smoke-free. You can reach the hotel toll-free @ 1.866.927.7666 or direct at 902.755.1020. **Deadline for booking rooms is February 4, 2011.**

Delegates must book their own rooms.